



# Children's Activity Sheet



The Cathedral Church of St Marie  
welcomes

.....

to Mass today.

## In The Palm of His Hand

***Fourth Sunday of Easter. Year C.***

Do you know how to do tricks with a yo-yo? I'm not very good at it, but I know some very simple tricks. What I do know is that you always have to start with the yo-yo in the palm of your hand, and if you get the timing of the trick right (the difficult bit) a little tug always brings the yo-yo back into your hand. This reminds me of today's Gospel reading:

One day, some people were asking Jesus to tell them plainly if he was the Christ. He answered them saying, "I told you, but you did not believe me because you are not my sheep. My sheep listen to my voice and they follow me. I give them eternal life, and they will never perish; no one can snatch them out of my hand."

What this tells us is that when you give your heart to Jesus and place your life in his hands, you have his promise that you are safe and that nothing can snatch you away. Oh, you may have your 'ups and downs' in life - we all do. You may even stray away from the Church or from Jesus at times, but just a little tug will pull you right back into his hand. And even if you really mess up (like I often do with my yo-yo tricks) Jesus will always pick you up and place you right back where you belong - in the palm of his hand.

What a wonderful promise! Jesus has you in the palm of his hand and there is no safer place to be. And nothing can take you from his hand!

**"I know each one of them by name, and they can always trust me to take care of them and to protect them from harm."**

# Word Search

“My sheep know my voice and they follow me as I lead them to everlasting life.”

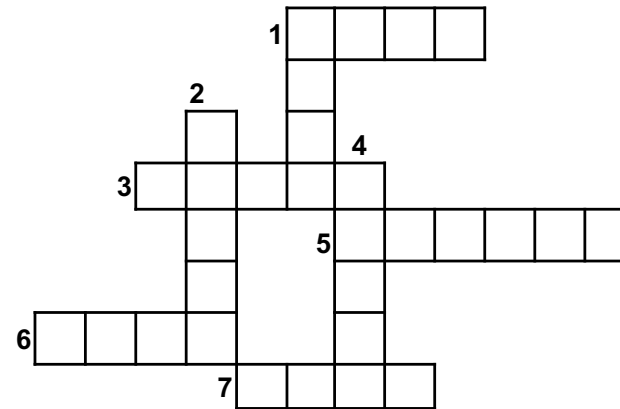
This word search is based on John 10:27-30



Q V S Y H W L V O I C E P O S  
 F W Q M O U T F P S I B B V F  
 V K U L S Q L A F H O A T U O  
 L W L C R H Z T J E S S U S I  
 T O C G O K B H O E L O G L U  
 F L Y G L P R E Z P I J A R L  
 B C B X Q I E R Y A S C S D N  
 B S E L Y N F R F R T E Y E F  
 H Z T C R S B E I H E J I R R  
 C G E H H R B I X S N L B E M  
 V D R S X A R R M H H E T U N  
 S V N T S G N V U B V A Y F E  
 Y V A E I V V D Z L E E H L V  
 W T L A S X S K E R B I Y F E  
 U C P L P V J Z G L W A M Y R

HAND	STEAL	ETERNAL
LISTEN	LIFE	SHEEP
FOLLOW	GREATER	VOICE
SHEEP	PERISH	NEVER
MORE	FEED	LAMBS

# Crossword Puzzle



## ACROSS

- The period between a person's birth and their death
- Lasting forever, never ending
- The body part used for holding things
- Sounds that come from the throat when people speak or sing

## DOWN

- To take something without permission
- To move behind someone or something and go where they go
- To die for pass away
- Woolly animals closely related to goats

Eternal	Follow	Voice	Life
Perish	Steal	Sheep	Hand

# Children's Prayer

Dear Jesus. Thank you so much for keeping us safe in the palm of your hand! Please help us - and all other Christians - to listen out for your voice and to come when you call. Amen.

