

*Colouring In*



***The Holy Trinity***

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# Children's Activity Sheet

The Cathedral Church of St Marie  
welcomes

.....

to Mass today.

## “The Holy Trinity”

### ***Trinity Sunday.***

Do you know what the word, ‘Trinity’, means? It means three-in-one, and the ‘Holy Trinity’ is what we have called the Father, the Son, and the Holy Spirit – the three different beings that make up God.

In the bible, we are clearly told that God is our Father, and that Jesus is His Son – God in a human form. Then we also know that God sent the Holy Spirit after Jesus went back to Heaven, so we could keep Jesus with us. The Holy Spirit is the very presence of God within all believers. The Holy Spirit is our teacher and guide. He teaches us truth, and guides us when we stray away from God.

In today’s Gospel, we hear Jesus tell his disciples “I have been given authority over everything in heaven and on earth, and by this authority I am sending you out to all peoples to teach them everything I have taught you. Make them my disciples and baptise them in the name of the Father, the Son and the Holy Spirit. Remember that I will never leave you; I am with you until the end of time”.

When we invite Jesus into our hearts, we begin to experience God as the Holy Trinity - and this new relationship with God changes us for the better! It’s a little like the changes that happen when a hairy caterpillar becomes a beautiful butterfly. God doesn’t just stick some wings on the caterpillar and slap on some pretty colours - when the butterfly crawls out of the cocoon, it is a new creation. The caterpillar is gone! It has now become a butterfly. And by inviting Jesus into our hearts, the Holy Trinity can do that for us too. Through Jesus, we can change and - just like the butterfly - become truly beautiful, just as God intended!

# Maze Puzzle

Help your friends to find Jesus!

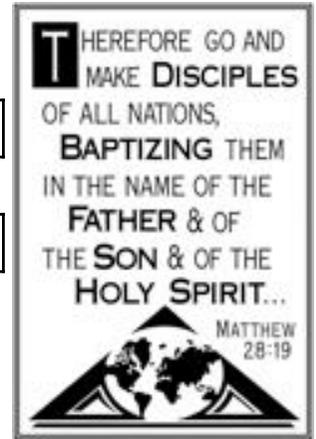
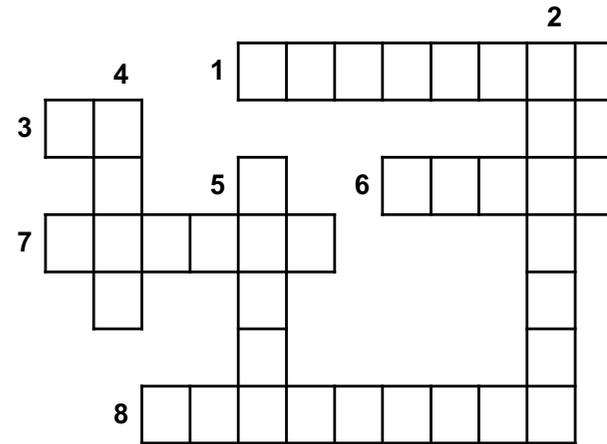


## Children's Prayer

Dear Lord. We thank you for sending Jesus to die on the cross so that we, like the butterfly, can become a new creation. We ask you to change us and to make us beautiful, and we ask for your help to go and tell others about you. In Jesus' name we pray, Amen.



# Crossword Puzzle



### ACROSS

1. Giving instructions to a group of students
3. The opposite of stop
6. The planet on which we live
7. The place where God lives
8. Followers of Jesus

### DOWN

2. Groups of people living in a certain area; countries
4. To follow the commands, rules or guidance
5. The Son of God

Earth	Teaching	Go	Heaven
Jesus	Disciples	Obey	Nations

