

# Colouring In



**“He himself was not the light, but simply a messenger sent on behalf of the light”**

*(John 1:6-8, 19-28)*

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# Children's Activity Sheet

The Cathedral Church of St Marie  
welcomes

.....

to Mass today.

## Reflecting The Light

### **3rd Sunday of Advent. Year B.**

Today's Gospel tells us more about John the Baptist. It tells us that he was sent from God, and that... "He came as a messenger, to tell people about the light, so that through him they would believe in that light. He himself was not the light, but simply a messenger sent on behalf of the light".

When the Jews sent some priests to John the Baptist to ask him "Who are you?", he told them that he was not the promised one, nor was he Elijah or the prophet. He told them that "I am a voice crying out in the desert, "Prepare a way for the Lord!". I baptize you with water, but there is one you do not yet know, who stands among you – one who is coming after me. I am not fit even to undo his sandals".

Who do you think John was talking about? It was Jesus! Jesus is the light of the world.

You and I need to be like John. The Bible says that we are to let our light shine, but we need to remember that "Our Light" is Jesus. We are not the light, we are just mirrors that reflect His light.

If we are going to reflect the light of Jesus like a mirror can reflect the light, we must remember a couple of things: (1) we must keep our faces turned toward Jesus; (2) we must not let anything come between us and Jesus. When we remember those two things, we too will become like mirrors, and will be able to reflect Jesus' light to the entire world!

# Decoder Puzzle

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words:

T	K	D	X	M	W	C	B	O	E	Z	P	L
1	2	3	4	5	6	7	8	9	10	11	12	13

S	V	R	I	Y	J	H	A	N	Q	F	U	G
14	15	16	17	18	19	20	21	22	23	24	25	26

- 5-21-22 \_\_\_\_\_
- 22-21-5-10 \_\_\_\_\_
- 19-9-20-22 \_\_\_\_\_
- 1-10-14-1-17-24-18 \_\_\_\_\_
- 13-17-26-20-1 \_\_\_\_\_
- 6-17-1-22-10-14-14 \_\_\_\_\_
- 8-10-13-17-10-15-10 \_\_\_\_\_
- 1-16-25-10 \_\_\_\_\_

Believe	Witness	Man	Testify	True
Name	Light	John		

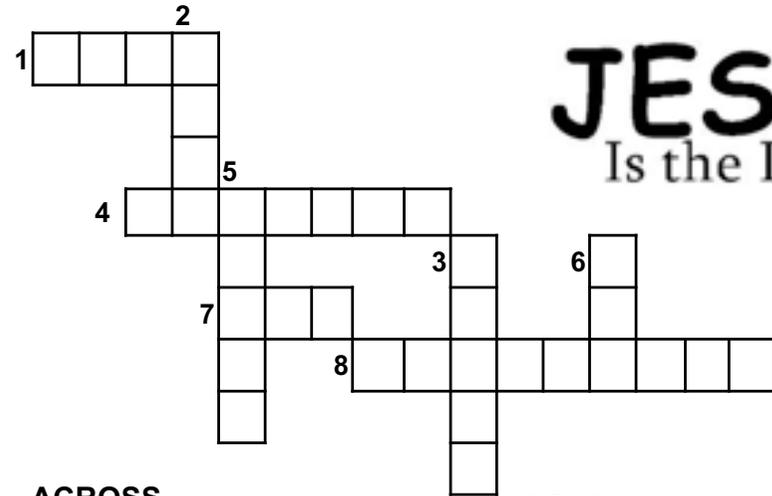


**Jesus is the Light!**  
**Let us be like mirrors to reflect his light around the world!** (Turn your face to Jesus, and don't let anything get in the way...)

# Crossword Puzzle



**JESUS**  
 Is the Light



## ACROSS

- The man sent from God to tell about Jesus
- To have confidence that something is true
- The creator of heaven and earth
- A person sent to pass on some information

## DOWN

- What a person, place or thing is called
- Who is the light of the world?
- The thing made by the sun, a flashlight or a lamp, that enables you to see
- An adult male person

Believe	Man	Messenger	Light
John	Jesus	God	Name

# Children's Prayer

Dear Jesus. We want to reflect your light in the world. Help us to keep our faces turned towards you and help us to keep anything from coming between us and you. Amen.

