

Colouring In



Very early in the morning ... Jesus got up, left the house and went off to a solitary place, where he prayed.
Mark 1:35

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Children's Activity Sheet

The Cathedral Church of St Marie
welcomes

.....

to Mass today.

Jesus Ministers In Galilee

Fifth Sunday in Ordinary Time. Year B.

I've got a really useful 'smart phone'. Not only can I call and text on it, but I can do emails, 'surf the net', play games, listen to music...It even turns into a torch! But if it's not charged up, it can't do any of those things. People are like that too - they also need to recharge their batteries. In today's Gospel, we get to hear about a typical day in the life of Jesus, and what he did to 'recharge'.

After leaving the synagogue on the Sabbath day, Jesus and some of his disciples went to the home of Simon and Andrew. When they arrived, Simon's mother-in-law was in bed with a fever. When Jesus heard about it, he went to her, took her by the hand and helped her up. All at once, the fever left her and she began to prepare a meal for everyone. That evening, crowds of sick people gathered around the house, and Jesus cured many of them. Jesus must have felt exhausted!

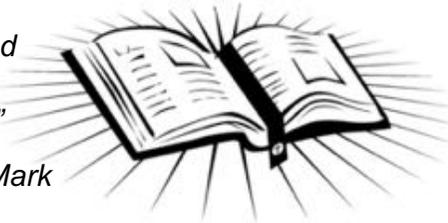
But the next morning, Jesus could not be found at first. You see, Jesus had got up early before sunrise and had gone to find a quiet place to pray. Jesus knew that it was important for him to spend time each day talking to his Father if he was going to have the spiritual strength to do what his Father had sent him to do. By the time Simon and the others had found him, Jesus had recharged his batteries and was ready to go. He said to them, "Let's go to other towns and villages so that I can preach to them too. That's what I came to do." So that is what they did.

Prayer can help us to recharge our spiritual batteries too! So give it a try, and see what difference it can make for you...

Word Search

"So Jesus and his companions travelled throughout Galilee, preaching in the synagogues and driving out evil spirits"

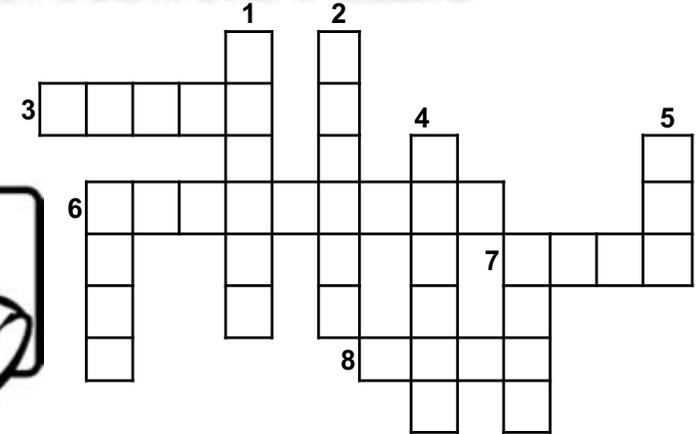
This week's word search is based on Mark 1: 29-39



V	S	H	Z	X	U	C	N	P	N	O	D	N	J	S
I	I	Z	J	C	R	R	T	Q	E	M	K	K	J	I
L	M	V	J	E	H	D	B	E	D	O	C	G	F	C
L	O	I	O	X	P	N	E	Q	B	S	P	I	C	V
A	N	P	P	S	I	C	K	R	L	Y	D	L	Z	Y
G	L	R	J	Z	W	E	W	K	R	N	X	J	E	N
E	V	E	N	I	N	G	H	O	A	A	A	G	O	G
S	C	A	V	D	Z	X	O	H	R	G	N	H	Y	U
X	Q	C	O	X	A	D	E	L	Q	O	D	E	W	J
H	T	H	R	Q	T	O	W	N	C	G	R	L	S	A
U	E	R	J	K	Q	T	I	E	O	U	E	P	U	M
T	J	A	H	E	R	Y	U	P	T	E	W	E	N	E
F	O	D	L	L	S	D	E	M	O	N	S	D	S	S
M	H	H	B	E	I	U	H	S	M	I	U	F	E	J
R	N	Z	E	A	D	P	S	F	E	V	E	R	T	A

FEVER	SIMON	HAND
DOOR	ANDREW	SUNSET
VILLAGES	PREACH	BED
DEMONS	JOHN	SYNAGOGUE
PEOPLE	JESUS	HELPED
HEALED	TOWN	EVENING
JAMES	SICK	

Crossword Puzzle



ACROSS

- A condition when the body temperature is higher than normal
- A place of meeting for worship in the Jewish faith
- The body part used for holding things
- To cure from sickness or disease

DOWN

- To deliver a sermon
- Evil spirits
- The time of day when the sun disappears below the horizon
- A piece of furniture for sleeping
- To be ill or have a disease
- To give assistance; to aid

Fever	Heal	Hand	Bed	Synagogue
Sick	Help	Preach	Demons	Sunset

Children's Prayer

Dear Jesus. Thank you for reminding us that just as our bodies must be renewed by proper rest, our spirit must be renewed by spending time with you in prayer, Bible study and worship. Please help us to do this well! Amen.

