

# Colouring In



**“I am the living bread that came down from heaven.  
Whoever eats this bread will live forever.”  
John 6:51**

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# Children's Activity Sheet

The Cathedral Church of St Marie  
welcomes

.....

to Mass today.

## The Living Bread

### ***Nineteenth Sunday in Ordinary Time. Year B.***

We are hoping to visit a working flour-mill this week. Apparently it uses the power of water from a local river to turn a great big wheel, which in turn drives two big stone wheels that crush grains between them to make flour. I've never seen a working mill before, and I am curious to see it for myself. There are lots of different flours you can get from all the different kinds of grains, and they can be used to make so many different, nutritious foods. Think of all the different types of bread you can make – delicious!

Bread is an important food in our lives today, and this was also true way back in Bible times. In the last few weeks, we have been reminded of how God provided bread for the Israelites when they were starving in the desert; every morning God sent bread from heaven for the people to eat. I'm sure you also remember the time when Jesus fed a crowd of 5000 people with just five loaves of bread and two small fish. And do you remember when Jesus taught his disciples to pray? He taught them to say, "Give us this day our daily bread." Yes, bread is, and always has been, a very important part of life.

A loaf of bread won't last forever though. It gets old and stale. Not only that, but when we eat it, we are satisfied for a little while and then we are hungry again. Even though Jesus knew that bread was very important to life, he wanted something more for his children. He wanted something that would last forever.

One day, as he was teaching, Jesus said, "I am the bread of life. He who comes to me will never go hungry. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever." If we want to live, we need bread. If we want to live forever, we need Jesus -- the Bread of Life.

# Word Search

Today's Word Search is based on John 6: 41-51:



E I H Q F G R W J D L O C H A  
 V V T O H D I E T I I P U M J  
 E V J J C E T O F E Q G A U N  
 R Y Y I K H A B N D L O T O O  
 L Z B O D U I V Z T O Q E O J  
 A B E L I E V E E F R I T E Y  
 S D V Z D Y C A F N Z U A S D  
 T M F J T E G A O L K D T E S  
 I M L E P O S X R L A A L H E  
 N S I H E J F E F E N T Z K U  
 G A V F S J V C R N N P R I R  
 A D I Z T E Q B A T W J K S X  
 R L N D R S Q M W O R L D U E  
 P T G O M U H U W F A X P A V  
 C O F L E S H W J P Z X T H N

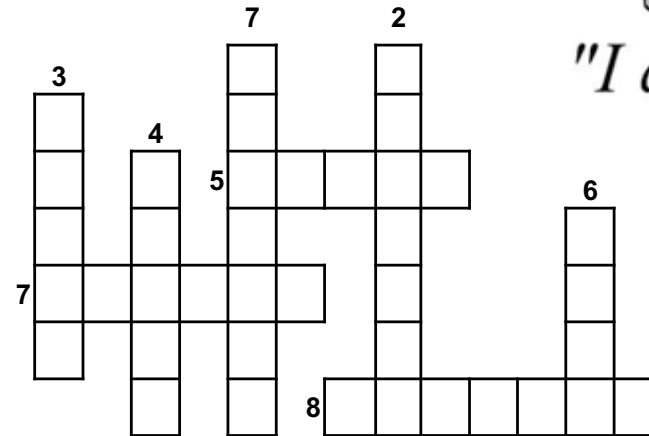
FOREVER	ATE	LIFE
FLESH	EVERLASTING	HEAVEN
WORLD	DESERT	TRUTH
DIED	LIVING	BELIEVE
BREAD	JESUS	MANNA



# Crossword Puzzle



*"I am the living bread."*



## ACROSS

- To gain knowledge through experience or study
- To make an effort to hear something; to pay attention
- A person who speaks for God; Isaiah, for example

## DOWN

- To accept as true or real
- For everlasting time; eternally
- The earth with its inhabitants
- The Son of God
- To continue to be alive

Live	Believe	World	Prophet
Learn	Listen	Forever	Jesus

# Children's Prayer

Our Father, we thank you for Jesus, the Bread of Life. We pray that each one here today will take and eat so that they may live forever. In Jesus' name we pray. Amen

