

Colouring In



“Blessed are you who are poor,
for yours is the kingdom of God.”

Luke 6:20

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Children's Activity Sheet

The Cathedral Church of St Marie
welcomes

.....
to Mass today.

Finding Happiness

Sixth Sunday in Ordinary Time. Year C.

What makes you feel happy? Is it when you are playing with your friends, or having some fun with your family? Perhaps it's when you play a favourite game, or having cuddles with a family pet?

Unfortunately, there are lots of people – grownups especially – who really struggle to feel happy. They look for happiness in the wrong places, and find themselves constantly disappointed. They then spend lots of time searching for their next moment of happiness, only to find that it usually doesn't last.

In today's Gospel, Jesus had something to say about being happy – and some of what he said may surprise you. When you listen to the Gospel, notice that Jesus *didn't* say “Happy are they who have a lot of money”, or “Happy are they who have plenty to eat and dine in fancy restaurants”. He also *didn't* say “Happy are they who have lots of belongings”. But what he did say was, “When you follow me, happiness will come. Leap for joy! A great reward awaits you in heaven”.

True, lasting happiness comes from inside a person, from deep inside their heart. It finds its way there through the love of Jesus and the gift of inner peace he shares with those who follow him. Whenever we are close to Jesus, we can only feel happy! If the things we do and the way that we live make us more like Jesus, then we will be guaranteed the happiness that comes from being close to God. This means loving as God loves, caring as he cares, serving as he serves, and forgiving as he forgives.

Word Search

This week's word search is based on Luke 6: 17-26



L W M C F X Z H U D F K N S Q
 J C G P E K G U U A K F Z H H
 O E E E U U J O Y N N M C H A
 P E W J A Z N P T V G I W A M
 W T C L I Q J O U S R R J P Q
 S X A R M R V O R S V A Y H P
 S H D M C I L R R T A C T U L
 O Y E Z Y C A M X E Z X U N K
 B D X A Q H U H S W W S M G S
 B D R B V A G W A P Y A V R N
 Q U Q E P E H D B U O X R Y C
 E P V U W X N K Y L V O M D E
 K X H P B A J L X Z B M R Z D
 J O Y J E Q R L O T P N V U N
 X W H G Q C L D E L R D T M A

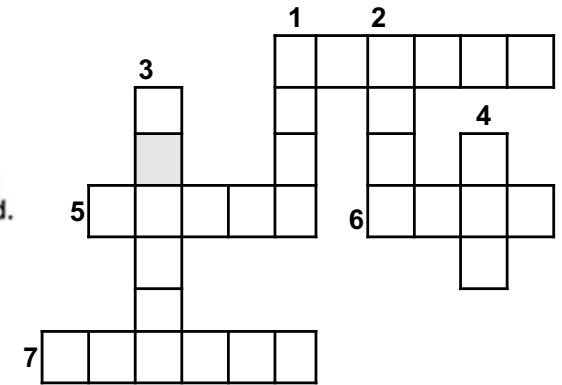
RICH	POOR	REWARD
HUNGRY	JOY	WEEP
HEAVEN	LAUGH	†

Today's Gospel begins with Jesus surrounded by a huge crowd of people, many of them hoping that he would be able to heal them and make them feel better. We know that Jesus often only needed to say a word, or touch them, to heal people. Do you think that made people happy? I am certain it did! Being close to Jesus in our lives will also make us happy. What can you do to be close to him today?



Blessed are you who are poor, for yours is the kingdom of God.
 Luke 6:20 - NIV

Crossword Puzzle



ACROSS

1. Something given or received in return for good behaviour
5. The sound which expresses happiness or delight
6. Having very little money or few possessions
7. When you have a desire or need for food

DOWN

1. Having a great amount of money
2. To shed tears
3. The home of God, the angels, and those who have been saved
4. A feeling of great happiness

Joy	Rich	Heaven	Laugh
Hungry	Poor	Reward	Weep

Children's Prayer

Dear Father. Help us to remember that we can never find happiness by seeking the things this world has to offer. True happiness can only be ours by following Jesus! In the name of Jesus we pray. Amen.

