

Colouring In

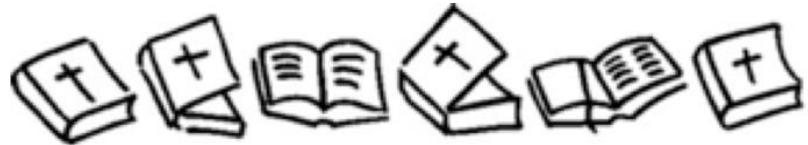


The sermon on the Mount

One day Jesus went up onto the side of a mountain. He sat down, gathered his disciples around him, and began to teach them about happiness. He tried to give us some ideas about how to achieve true happiness – a happiness that

lasts. *Matthew 5: 1-12*

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Children's Activity Sheet

The Cathedral Church of St Marie
welcomes

.....
to Mass today.

The “Bee Attitudes”

Fourth Sunday in Ordinary Time. Year A.

Have you ever watched a bee buzzing around in a flower garden? As you watch that bee, you will see that he isn't worried about a thing in the world. He is too busy enjoying all of the beautiful flowers that God has provided for him. He is as busy and as happy as a bee can be.

If I were to ask you to tell me what makes you happy, what would your answer be? Most of us spend a lot of our lives trying to find moments of happiness. Sometimes we find it when we do well in a sport, or perhaps get a good mark at school. Sometimes we feel happy when we spend time with family or good friends. Many adults think they would be happier if they had a lot more money; and many children think they would be happier if they had more treats and toys! Certainly such things can make us feel very happy for a while, but it is not long before we begin wishing for something else, and we decide what we already have is not quite enough... We all want to be happy, and God wants us to be happy too. But you might be surprised to hear that what Jesus said about happiness. It is probably quite different from what you and I might expect.

In today's Gospel, Jesus tells us that happiness doesn't come from our worldly belongings, but comes from being close to God and allowing his love to show us the way. By loving God more than anything else, we will find a more *lasting* happiness! You see, happiness is not a feeling that is brought about by the things that happen to us; it is an attitude that we have because of what we have in our heart.

So you see, we need to be more like the bee! Buzzing happily through life, knowing in his heart how much God loves us and all He has done for us!

Word Search

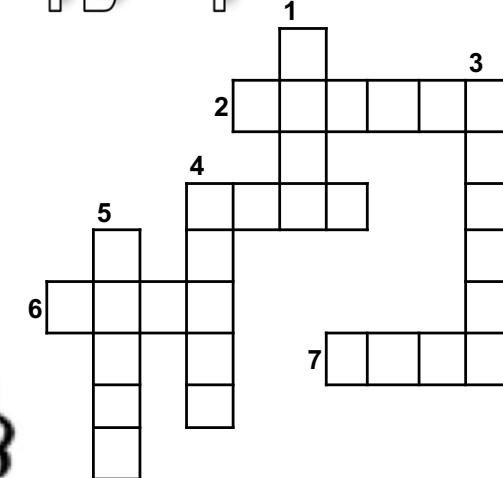
"Happy are those who show forgiveness, because they will receive forgiveness in return. Happy are those with a pure heart, for they shall see the face of God. Happy are the peacemakers; God will call them his children."

This week's word search is based on Matthew 5: 1-12

K	M	B	S	P	F	N	T	K	X	V	Y	K	L	X
Z	Y	Z	P	X	U	H	E	H	I	E	C	K	J	K
J	E	B	I	W	P	R	S	P	I	N	A	R	K	X
J	J	O	R	G	J	H	E	O	O	R	G	R	S	X
E	W	T	I	X	D	H	U	S	P	O	S	D	T	M
H	X	S	T	I	O	B	N	N	C	U	R	T	O	H
Z	I	G	S	D	E	C	O	Y	G	W	R	M	Y	M
I	K	M	B	J	L	I	C	X	D	E	I	O	C	I
N	W	I	L	V	I	R	L	C	K	C	R	U	W	W
H	I	Y	E	U	E	X	U	A	H	H	M	R	B	D
E	K	R	S	M	Z	H	E	A	V	E	N	N	E	Z
R	K	R	S	K	W	X	B	T	M	I	A	L	G	E
I	N	N	E	E	A	A	B	S	F	H	L	R	U	X
T	W	B	D	O	S	G	P	F	D	I	W	L	T	Z
F	M	E	E	K	V	F	U	O	F	Q	R	G	B	V



Crossword puzzle



DOWN

- 1. To be without any faults; without sin
- 2. A need for food
- 3. A payment received in return for doing good deeds
- 4. To be humble in spirit or manner
- 5. To feel sadness
- 6. Having little money or few possessions
- 7. To feel happiness, joy and pleasure

Pure	Mourn	Reward	Hunger
Poor	Glad	Mercy	Meek

Children's Prayer

Dear Father. Please help us to have the happiness that you want for us! Happiness that comes *not* from what happens to us, but from what happens *inside* of us. In Jesus' name we pray. Amen.

