



Children's Activity Sheet

The Cathedral Church of St Marie
welcomes

.....
to Mass today.

Living Water

Third Sunday of Lent. Year A.

Do you drink a lot of water? I don't think I drink enough in the winter, but I do drink more when it is hot, or if I've been doing lots of running around.

The part of the world where Jesus lived was very hot and dry. One day Jesus was walking through a town in Samaria. He was hot and tired so he sat down beside a well to rest. A woman came to the well to get some water and Jesus asked her if she would give him a drink. The woman was shocked that Jesus spoke to her because Jews would not usually speak to Samaritans. She said to him, "Why do you ask me for a drink since you are a Jew and I am a Samaritan?"

Jesus answered, "If you knew who it is who is asking you for a drink, you would ask him for a drink and he would give you living water. Everyone who drinks from this well will be thirsty again, but whoever drinks the water that I give will never thirst." The woman said to him, "Sir, give me this water so that I won't get thirsty and have to keep coming to this well to draw water." She didn't understand that the "living water" was to believe that Jesus was the Saviour.

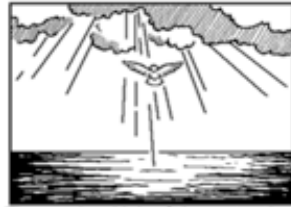
"Go and get your husband and bring him here," Jesus told the woman. "I don't have a husband," she replied. "You are right," Jesus answered. "You have had five husbands and the man you are living with now is not your husband." The woman thought Jesus must be a prophet to know so much about her, and then Jesus explained to her that he was the Messiah. The woman was so excited that she ran into the town and told her friends, "Come and see a man that told me everything I have done. Surely he must be the Christ!" Because of what the woman told them, many Samaritans came to know Jesus and accept his offer of living water.

Ah yes, cool refreshing water! It refreshes the body, but it can't compare to the "Living Water" that Jesus gives... *That* refreshes our soul!



“Anyone who drinks of the water that I can give will never be thirsty again” John 4: 14

Word Search



Those who drink of the water that I give them will never be thirsty.
John 4:14

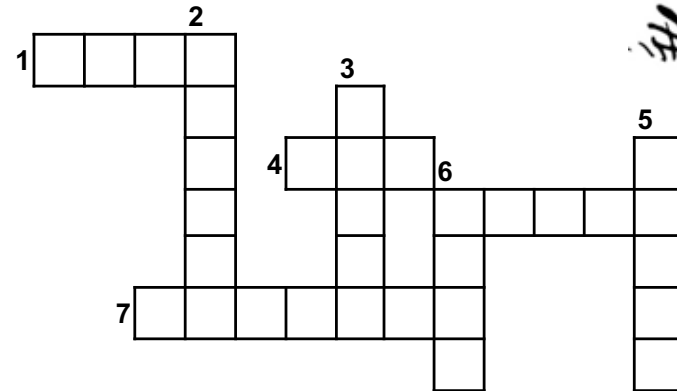
This week's word search is based on John 4: 4:5-42

X K B R K K T W G Q D W W L W
 W A Q N O S J F S M E K U W O
 T E I Q R Q B C V P W L V P M
 J R L I A L X M A Y R A I L A
 D M H L T J N E V E R I T I N
 H T S I D X D E N U J I N E H
 L T A O J L I V I N G E B G R
 M Y M W S H J L W T M G S I T
 P X A R Z B C O P E L D D U D
 V J R A P U D E U A W S C E S
 E P I T O I T T N R N Z R I O
 V Y T B L S Q R A Q N I Y E W
 Y L A O J I E S X F T E R G E
 C E N O A T F N G I F T Y F R
 C D G I E E Z E G O V F K A Z

LIFE	LIVING	NEVER
WATER	THIRST	WOMAN
TIRED	ETERNAL	JESUS
GIFT	SPRING	WELL
JOURNEY	SAMARITAN	DRINK



Crossword Puzzle



ACROSS

1. A present; something given without cost
2. To feel the need for a drink
3. An adult female person
4. The creator of heaven and earth; our Heavenly Father
5. The act of taking liquid through the mouth
6. A clear, colourless, odourless and tasteless liquid; H₂O
7. Continuing forever

DOWN

1. A present; something given without cost
2. To feel the need for a drink
3. An adult female person
4. The creator of heaven and earth; our Heavenly Father
5. The act of taking liquid through the mouth
6. A deep hole or shaft dug or drilled to obtain water

Well	Woman	Water	Thirst
Gift	Drink	God	Eternal

Children's Prayer

Dear Jesus. As the deer longs for streams of water, so do we long for you, the 'living water'. Amen.

