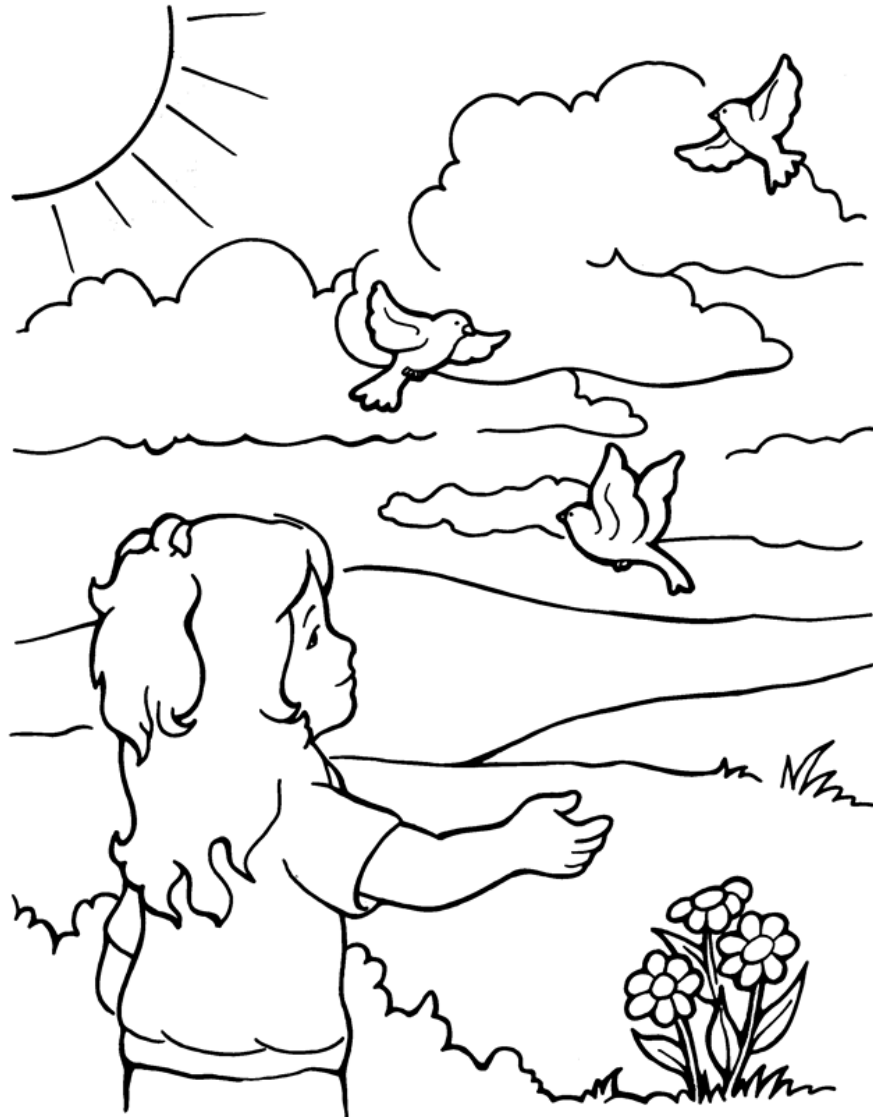


Colouring In



“So don’t be afraid; you are more valuable to God than a whole flock of sparrows.”

Matthew 10:31

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Children's Activity Sheet

The Cathedral Church of St Marie
welcomes

.....
to Mass today.

God Cares For YOU!

12th Sunday in Ordinary Time. Year A.

Have you ever needed to stand up in front of lots of people you didn't know and say something? Have you ever performed in public, or in front of an examiner? If so, how did you feel beforehand?

I used to be very shy as a child. I rarely said anything in front of anyone I didn't know, and I certainly got very nervous about reading or performing in public and taking my music exams. And that is exactly what Jesus' disciples felt about speaking in public. They were simple, ordinary people, and they felt positively frightened by the prospect of going out and preaching! But all that changed when they received the gift of the Holy Spirit at Pentecost. Suddenly they all felt brave enough to stand up in broad daylight and tell people about Jesus and his teachings – not in whispers, but loud enough for the whole world to hear! And even though many of them were imprisoned and punished for their bravery.

It is not always easy to be a Christian, and it often requires us to be very brave in order to do what we know God would want us to do, But Jesus tells us not to be afraid. He reminds us that our heavenly Father watches over us and knows the difficulties we face. And because He loves and cares for us, He sends the Holy Spirit to help us too! God helps us, just as He helped those first disciples all those years ago...

Word Search

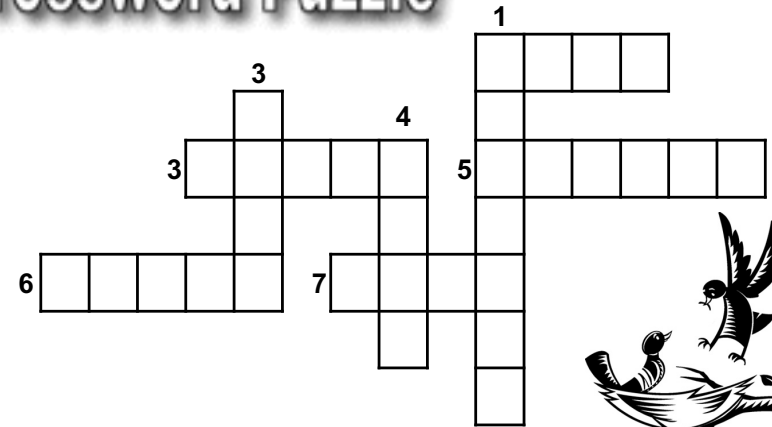
This word search is based on
Matthew 10:28-31



N N W J W S E B Y K J R R G S
 A Q M N W O T N S C P T W R H
 B T A P U A R U I E N J Q O U
 O E S U V M F T D K R Z W U X
 V A T U K D B R H E T V Y N L
 E C E D E J S E A Y N N A D F
 O H R M S H H S R I N T T N V
 I E E F G U S P A E D Y X B T
 G R S G F J L A P R D P S M V
 F O L L O W I R A F B Z C Q Z
 W H R J R P F R O U M F Q A H
 Q A Q F Z V E O F A L L U T O
 R I H E A D U W A U P N R R W
 Q R Y A Z Y D S K F B O D Y I
 F S R C C R O S S S W S O U L

STUDENT	GROUND	FOLLOW
PENNY	HAIRS	SPARROWS
FALL	TEACHER	WORTHY
SOUL	WORTH	LIFE
HEAD	MASTER	CROSS
NUMBERED	ABOVE	SERVANT
BODY	AFRAID	†

Crossword Puzzle



ACROSS

- The spiritual part of a person
- The value of something
- To be fearful or anxious about something
- A small copper coin
- Threadlike structures growing on the head of a person

DOWN

- A common, small, grey-brown bird
- The physical part of a person
- The part of the body that contains the eyes, nose, mouth, ears and the brain

Head	Penny	Soul	Worth
Hair	Body	Sparrow	Afraid

Children's Prayer

Heavenly Father - thank you for watching over us and caring for us. Please send us the courage and help we need, just as you helped the first disciples so long ago! In Jesus' name we pray, amen.

