



**THE CATHEDRAL CHURCH OF ST MARIE**  
**with the Churches of Holy Family**  
**and Our Lady Queen of Heaven & St Oswald**



*Cathedral House, Norfolk Street, Sheffield, S1 2JB*

**Office Hours:** Monday–Friday, 9.30am–12.30pm & 1.30–4.30pm

**Tel:** 0114 272 2522 **E-mail:** [office@stmariecathedral.org](mailto:office@stmariecathedral.org) **Website:** [www.stmariecathedral.org](http://www.stmariecathedral.org)

**Parish Priest:** Rev Fr Christopher Posluszny

**Assistant Priest:** Rev Fr Clement A. Abah

**5th Sunday *per annum* (B)**

*4th to 11th February 2024*

**Readings:** *I* Job 7:1-4, 6-7 **Ps** 146:1-2, 3-4, 5-6. *R* cf. 3a *II* 1 Cor 9:16-19, 22-23 **G** Mk 1:29-39

**Next Sunday:** *I* Lev 13:1-2, 44-46 **Ps** 31:1-2, 5, 11. *R* cf. 7 *II* 1 Cor 10:31–11:1 **G** Mk 1:40-45

Readings can also be found at <http://universalis.com/Europe.England.Hallam/mass.htm> or on the Universalis app

**Cathedral**

**Saturday 3: 5th Sunday *per annum* (Vigil)**

5.30pm People of the Parishes

**Sunday 4: 5th Sunday *per annum***

8.00am The Adefoye-Smart family (blessings)  
10.30am Rev Fr Edward van den Bergh, C.O. (intentions)  
12.30pm November Memorial List  
6.30pm Annie O'Connor (R.I.P.)

**Monday 5: St Agatha**

8.00am Bill Jenkins (anniversary)  
12.30pm **Funeral Mass** (Colette Swain)  
5.30pm Rev Mr Neil Bailey (R.I.P.)

**Tuesday 6: Ss Paul Miki & Companions**

8.00am Paul Hazell (sick)  
12.30pm Dora Turner (R.I.P.)  
5.30pm November Memorial List

**Wednesday 7: Wednesday in Week 5 *per annum***

8.00am November Memorial List  
12.30pm Christabelle Corfield-Jones (sick)  
5.30pm Parish Sick List

**Thursday 8: Thursday in Week 5 *per annum***

8.00am Yorkshire Brethren  
12.30pm Marie Augustin (birthday intentions)  
5.30pm Michael Connell Sr (anniversary)

**Friday 9: Friday in Week 5 *per annum***

8.00am Jayne Gaynor Apat (anniversary)  
12.30pm Jack Dean (recently deceased)  
5.30pm November Memorial List

**Saturday 10: St Scholastica**

8.00am November Memorial List  
12.30pm Colette Swain (recently deceased)

**Next Weekend – Cathedral**

**Sunday 11: 6th Sunday *per annum***

8.00am Rev Mgr Peter Kirkham (R.I.P.)  
10.30am For the Sick and Housebound of the Parish  
12.30pm People of the Parishes  
6.30pm Lucy Hazell (intentions)

**Our Lady Queen of Heaven & St Oswald**

**Sunday 4: 5th Sunday *per annum***

9.15am Francis Mulvey (R.I.P.)

**Sunday 11: 6th Sunday *per annum***

9.15am Arnold Congreve (R.I.P.)

**Holy Family**

**Sunday 4: 5th Sunday *per annum***

10.30am Parish Intentions

**Sunday 11: 6th Sunday *per annum***

10.30am Parish Intentions

**Svätá Omša v slovenčine**

**(Slovak Mass) – St Charles Borromeo**

**Sunday 4: 5. nedeľa v Cezročnom období**

3.00pm Tibora Vlasta Tancošovi (R.I.P.)

**Sunday 11: 6. nedeľa v Cezročnom období**

3.00pm Parish Intentions

<b>Sacrament of Confession</b> .....	Monday–Saturday: 11.30am–12.15pm
<b>Exposition of the Blessed Sacrament</b> .....	Monday–Saturday: 11.30am–12.15pm
.....	Saturday: after 8.00am Mass (with Benediction)
<b>Rosary</b> .....	Friday & Saturday: after the 12.30pm Mass
<b>Adoration and Prayer Group</b> .....	2nd and 4th Wednesdays, 6.00pm (next one <b>7th February</b> )

**We pray** for Colette Swain, Anthony John Kent, and all those who have died recently.

**Please remember in your prayers our sick:** Helen Carroll, Gloria Welsh, Pat O'Connor (Lintott), Elizabeth Dillop, Jean Hegarty, Rima Lattash, Margaret & John Whitehead, Angela Eddy, Mary Parkinson, Kevin Worsnop, Emma Green, Damian Osako, Patricia Allen, Mary Worsnop, Jean Rogers, Kingsley Owomero, Margaret Smith, Anthony Gallagher, Charles Teti, Liam Blayney, Yvonne O'Donovan, Gabriel Ofodile Okafor, Margaret Brennan, Diana, Karen Parry, and all those who are suffering mentally, emotionally or physically.

*Names will stay on the list for 3 months. Please contact Cathedral House if you wish your friend or family member to be included.*

**Anniversaries this week:** 6 Feb – Fulgencio Hernandez Lopez; 8 Feb – Michael Connell Sr, Rev Fr Kevin O'Hagan, C.M.; 9 Feb – Jane Gaynor Apat; 10 Feb – Anthonia Aduela, Margaret Agose.

**Health & Safety Matters:** If you wish to raise any issues regarding health and safety at St Marie's, please e-mail [healthandsafety@stmariecathedral.org](mailto:healthandsafety@stmariecathedral.org).

**Each Sunday after the 10.30am Mass there is an opportunity to get together with other parishioners over a cup of coffee or tea.** Please join us, whether you are a regular member of the congregation or a visitor. Refreshments are served in the Houlden Hall (1st floor of the building next door to the church), and we look forward to getting to know you better – all welcome!

**No Children's Liturgy on Sunday 18th February:** Candida and the team will be having a little break for half-term on this weekend only. For all other weekends, please meet the baptismal font at the start of the 10.30am Mass, or ring the bell for Houlden Hall if you are running late. If your child is under five years old, please come along to help and support them.

**Please note that the open shelves in the bookshop will not be restocked for the foreseeable future.** A small selection of general Mass intention cards and sympathy Mass intention cards will be available during office hours from the Cathedral office (front door opposite Crucible). If there is anything you particularly need email [finance1889@gmail.com](mailto:finance1889@gmail.com) and Margaret Helliwell will arrange to get it to you.

**APF Red Mission Boxes:** please bring in your red boxes so that they can be emptied. Boxes can be left at the Cathedral Office during office hours, or with one of the stewards when the Cathedral is open. Thank you!

**Weekday Welcomers and Readers – more volunteers needed:** We are currently looking for more volunteers to join our weekday Welcoming and Reading Ministries. Both ministries are a wonderful way to work for the Lord, and to serve our local community. To find out more, please speak to Candida or Joseph Durham, or send an email to [PPC@stmariecathedral.org](mailto:PPC@stmariecathedral.org).

**Next Parish Pastoral Council Meeting—Tuesday 13th February, 7.30pm:** If you wish to bring something to the PPC's attention, or come along as a guest, please get in touch with Niall, the PPC Secretary, on [PPC@stmariecathedral.org](mailto:PPC@stmariecathedral.org). Thank you.

**St Marie's Job Seekers Group—next meeting Wednesday 7th February, 1.00pm:** We are One Church, One Family. This group offers practical help, encouragement and coaching support to anyone trying to find new or better employment, or seeking sponsorship in the UK. If you would like to join us, please meet Candida by the Baptismal Font after Mass, or ring the bell for St Marie's Houlden Hall. (Houlden Hall is in Norfolk Chambers, directly above the Nottingham Building Society; you will find the bell is between the cashpoint and the main entrance to the Cathedral). We look forward to seeing you there! You can also email Candida on [PPC@stmariecathedral.org](mailto:PPC@stmariecathedral.org).

**Little Fishes free playgroup in Houlden Hall, Wednesdays during term-time, 10.30am–12.00pm:** Parents and carers are invited to bring their 0-3year olds to Houlden Hall on Wednesday mornings for play, snacks and singing! Please ring the bell for St Marie's Norfolk Chambers (right next to the Cathedral's main entrance) and you will be let in.

**Good Shepherd Youth—next session Saturday 10th February, 4.00-7.00pm:** Good Shepherd Youth is open to all secondary aged young people, whether they come to Church or not, and always involves Jesus, pizza and games. For more information, please contact Candida on [GoodShepherd@hallam-diocese.com](mailto:GoodShepherd@hallam-diocese.com).

**Wednesday Adoration & Prayer Group, 6.00pm:** The next Adoration and Prayer Group will be on Wednesday 7th February at 6.00pm (*please note the change in date*). This Holy Hour takes place directly after the 5.30pm Mass, and is a wonderful opportunity for us to spent some time with our Lord Jesus—present in the Eucharist—in adoration, prayer and praise! Everyone is welcome!

**Stations of the Cross During Lent – Tuesdays at 1.00pm, and Fridays at 6.00pm:** There will be two opportunities to get involved with praying the Stations of the Cross as a parish community during Lent: immediately after the 12.30pm Mass on Tuesdays (starting 20th February), and immediately after the 5.30pm Mass (starting 16th February). Booklets will be provided. Thank you to all the volunteers who are stepping up and enabling this to happen!

**Wellbeing for Men—A free six-week online course for a happier and more relaxed you:** Starting on 28th February for six weekly sessions on Zoom, Wednesday mornings at 11.00am with Dave Wilkes. Join us to explore emotional self-care, building your resilience, being more assertive and setting boundaries, stress and relaxation techniques, learning new skills for a more relaxed you, and recovering from trauma. Come and join Dave for these relaxed, friendly and supportive sessions! For more information, contact Janet Kent (07927 657462; [jkent@hallam-diocese.com](mailto:jkent@hallam-diocese.com)).

**Next Talk and Social of St Marie's Christian Village—Saturday 3rd February, 6.00pm:** The next CVSM talk and social will take place on the first Saturday of February, in Houlden Hall. *Dinner with Jesus* will be the theme of the event. Afterwards, there will be a shared supper and a chance to socialise with each other. CVSM exists for all Christians: young and old, those who live as families, and those who live alone. Please bring a food or drink contribution. For more information, please speak to Rafid or Valeria (10.30am Mass), or send a message to [rafiduk@yahoo.co.uk](mailto:rafiduk@yahoo.co.uk).

**World Day of Prayer for the Sick – Sunday 11th February:** To prepare for this, we warmly invite you to post a prayer request on the boards at the back of Church. This prayer request can be either for you, or for someone you are currently praying for; please follow our guidance to protect people's privacy. As a congregation, please join us in praying for every individual. All the physical prayer requests will then be brought up to the altar during the Masses on Sunday 11th February.

**Good Shepherd Youth—more volunteer assistant leaders needed:** We are looking to expand the team of assistant leaders supporting Good Shepherd Youth, and would welcome hearing from anyone who may feel called to work with teenagers. For more information, please contact Candida on [PPC@stmariecathedral.org](mailto:PPC@stmariecathedral.org).

**Little Fishes—request for Ride-on Toys & Dressing Up Clothes:** We would love to have some more ride-on toys for our 'Little Fishes' toddler group, and any dressing up clothes that your children/grandchildren may no longer need. Donations can be brought into church and given to a Steward; alternatively, please send an email to Candida to arrange a suitable time for collection: [PPC@stmariecathedral.org](mailto:PPC@stmariecathedral.org).

**Bible in a Year, Days 29-35—Journey with God and Moses, as Moses returns to Egypt:** On Days 29-35, we journey with Moses as he responds to God's call to free the Israelites from their slavery in Egypt. We learn about the Ten Plagues of Egypt, and how the people of Israel are transformed by God. We discover the specific meaning behind each plague, and how the Passover foreshadows the sacrifice of Jesus. On day 35, we hear about the crossing of the Red Sea, in the context of all that has gone before. To follow this fantastic podcast – which is available on all the major Apps, including YouTube - just search for "Bible in a Year Fr Mike".

**Saint of the Week – St Agatha, Virgin Martyr:** On Monday 5th February, we remember St Agatha, who lived in Catania in Sicily, during the third century. The city of Catania is at the foot of Mount Etna, the biggest volcano in Europe. St Agatha had a brief life; it was a model of Christian devotion, but when she turned down an offer of marriage from the Roman proconsul, Quintianus, her humiliated suitor had her arrested for being a Christian (an offence at the time). Quintianus used progressively worse forms of torture to try and persuade her, but despite suffering terribly in prison, she radiated joy and constantly held her head up high. Quintianus then ordered her to be tortured and hideously mutilated, but Agatha experienced a miraculous healing after receiving a vision of St Peter. She chose a slow and painful death to show her undying love for her Divine Spouse, Jesus (rather than deny him), and during this final torture, an earthquake occurred that rocked the entire city. She died shortly afterwards, and was immediately recognised as a saint. When Mount Etna then erupted about a year later, and threatened to engulf Catania, terrified inhabitants ran for their lives but some decided to put their trust in the local saint. They took Agatha's veil from her tomb, and stood defiantly in the path of the oncoming lava, praying for her aid. It is said that miraculously, the lava altered its course at the last minute and passed by Catania, sparing the inhabitants of certain death. St Agatha is still much loved and celebrated with festivals in Catania today.

#### Security

Be aware that thieves operate in the city centre so keep handbags & valuables with you at all times when in Church

**PLEASE SWITCH OFF YOUR MOBILE PHONE WHILST IN THE CATHEDRAL**