



THE CATHEDRAL CHURCH OF ST MARIE
with the Churches of Holy Family
and Our Lady Queen of Heaven & St Oswald

Cathedral House, Norfolk Street, Sheffield, S1 2JB



Office Hours: Monday–Friday, 9.30am–12.30pm & 1.30–4.30pm

Tel: 0114 272 2522 **E-mail:** office@stmariecathedral.org **Website:** www.stmariecathedral.org

Parish Priest: Rev Fr Christopher Posluszny

Assistant Priests: Rev Fr Henry Woodhouse, Rev Fr Christian Nwakamma

16th Sunday per annum (A)

19th to 26th July 2026

Readings: *I* Wis 12:13, 16-19 **Ps** 86(85):5-6, 9-10, 15-16a. *R* 5a **II** Rom 8:26-27 **G** Mt 13:24-43

Next Sunday: *I* 1 Kgs 3:5-6a, 7-12 **Ps** 119(118):57+72, 76-77, 127-128, 129-130. *R* 97a **II** Rom 8:28-30 **G** Mt 13:44-52

Readings can also be found at <http://universalis.com/Europe/England/Hallam/mass.htm> or on the Universalis app

Cathedral

Sunday 19: 16th Sunday per annum

8.00am David Tweed (anniversary)
10.30am For those receiving Baptism and Confirmation
12.30pm Adriano de Jesus Belo
6.30pm People of the Parishes

Monday 20: Monday in Week 16 per annum

8.00am November Memorial List
12.30pm Princy & Tijit (wedding anniversary)
5.30pm Angela Danquah (R.I.P.)

Tuesday 21: Tuesday in Week 16 per annum

8.00am Angelic Longeden (R.I.P.)
12.30pm Ann Widdecombe (recently deceased)
5.30pm S.A.F. & A.W. (in thanksgiving)

Wednesday 22: ST MARY MAGDALENE

8.00am Sue Howie (R.I.P.)
12.30pm Faustina Da Costa
5.30pm November Memorial List

Thursday 23: ST BRIDGET OF SWEDEN

8.00am Rahul & Jemcy (special intention)
12.30pm Nagle family (intentions)
5.30pm Special intention (for family conversion)

Friday 24: BB ROBERT LUDLAM & NICHOLAS GARLICK

8.00am Veronique Akossibié Adje (R.I.P.)
12.30pm Joseph Chia (anniversary)
5.30pm Haigh family (intentions)

Saturday 25: ST JAMES

8.00am November Memorial List
12.30pm Karen Whitam (R.I.P.)

Next Weekend – Cathedral

Sunday 26: 17th Sunday per annum

8.00am Sadowski family (intentions)
10.30am Gordon Gillespie Rae (birthday anniversary)
12.30pm Edziu Chomicz (R.I.P.)
6.30pm George & Bini family

Our Lady Queen of Heaven & St Oswald

Sunday 19: 16th Sunday per annum

9.15am Parish Intentions

Sunday 26: 17th Sunday per annum

9.15am Parish Intentions

Holy Family

Sunday 19: 16th Sunday per annum

10.30am Parish Intentions

Sunday 26: 17th Sunday per annum

10.30am People of the Parishes

Svätá Omša v slovenčine
(Slovak Mass) – St Charles Borromeo

Sunday 19: 16. nedeľa v Cezročnom období

3.00pm Parish Intentions

Sunday 26: 17. nedeľa v Cezročnom období

3.00pm Parish Intentions

Sacrament of Confession	<i>Monday–Saturday: 11.30am–12.15pm</i>
Exposition of the Blessed Sacrament	<i>Monday–Saturday: 11.30am–12.15pm</i>
Rosary	<i>Friday and Saturday: after the 12.30pm Mass</i>
Divine Mercy Devotions	<i>3.00pm, Monday–Friday</i>
Legion of Mary	<i>Sundays, after 12.30pm Mass (in Parish Room)</i>
Bible Study Group	<i>Wednesdays, 7.30pm (in Cathedral House)</i>
Let Us Pray (Prayer Formation Group)	<i>Saturdays, 2.00-4.00pm, Parish Room</i>
Young Adults (18-35) Faith Group	<i>2nd & 4th Saturdays, 11.00am (next: 25th July), Parish Room</i>

We pray for John Buttery, Martin Hargan, Rev Fr Brendan McKeefry, and all those who have died recently.

Please remember in your prayers our sick: Elizabeth Sandy, Jean Hegarty, Rima Lattash, Margaret Whitehead, Angela Eddy, Mary Parkinson, Kevin Worsnop, Damian Osako, Patricia Allen, Mary Worsnop, Jean Rogers (*flowers*), Kingsley Owomero, Charles Teti, Jean Rodgers (*ex-sacristan*), Liam Blayney, Gabriel Ofodile Okafor, Margaret Brennan, Diana, Karen Parry, Sarah Betts, Liam Bambury, Jean Nowak, Sean Nagle, Margaret Smith, Lucy Hazell, Oscar Almeida, Liam Jenkinson, Balthazar Martins, Lynn Hyland, Philip Gardiner, and all those who are suffering mentally, emotionally or physically.

Names will stay on the list for 3 months. Please contact Cathedral House if you wish your friend or family member to be included.

Anniversaries this week: 19 Jul – David Tweed; 20 Jul – Geoffrey Gwinnett; 24 Jul – Hugh Finnigan Sr; 26 Jul – Sr Evelyn.

Support your Church and Clergy: The Cathedral's bank details (for direct debit/standing order/internet banking) are as follows:

Name of Bank Account: St Marie's Restoration Fund

Sort code: 40-41-07

Account number: 01094289

Each Sunday after the 10.30am Mass there is an opportunity to get together with other parishioners over a cup of coffee or tea. Please join us, whether you are a regular member of the congregation or a visitor. Refreshments are served in the Houlden Hall (1st floor of the building next door to the church), and we look forward to getting to know you better – all welcome!

The “Little Fishes” toddler group, Children’s Liturgy and Good Shepherd Youth are all having a break over the summer: We wish all our families a wonderful summer holiday, and really look forward to seeing everyone again at the start of the new school term!

St Marie’s Bible Group: The next meeting of the St Marie’s Bible group will be this Wednesday, for a 7.30pm start in Cathedral House, when the group will look at chapter 8 of the book of Esther. All welcome!

CAFOD-DEC Venezuela Earthquake Appeal: You can help those affected by the recent earthquakes in Venezuela with emergency shelter, water and food. CAFOD is already working with local Church partners to support people who have lost their homes, but we need your support to help more survivors. Your donation will provide essential supplies and help families rebuild their lives. Donate today via <https://cafod.org.uk/Venezuela>, or call 0300 999 0030, or scan the QR code.



There will also be a retiring collection taken at St Marie's Cathedral **this Sunday** (19th July).

The Let Us Pray Prayer formation group's July and August program will be a reading group on *The Practice of the Presence of God* by Brother Lawrence. This spiritual classic offers a simple yet profound vision of the Christian life: learning to remain attentive to God's presence in the midst of ordinary daily tasks. Through humility, simplicity, and love, it shows that deep prayer is accessible to all, not just in set times, but in every moment. July, traditionally dedicated to the Most Precious Blood of Jesus, and August, dedicated to the Immaculate Heart of Mary, provide a fitting spiritual context for this journey. Our reading group will centre on exploring how we can grow in recollection, attentiveness, and loving awareness of God in all things. Clarissa Mswaka will be leading the reading group sessions. All are very welcome.

Next Parish Pastoral Council Meeting—Tuesday 21st July, 7.30pm: If you wish to bring something to the PPC's attention before their summer break, or come along as a guest, please get in touch with Niall, the PPC Secretary, on PPC@stmariecathedral.org—thank you.

Feast of the Padley Martyrs—Mass at Padley Chapel, Friday 24th July at 7.00pm: Mass will be celebrated on this local feast day in Padley Chapel (Grindleford, S32 2JA) by Rev Fr John Metcalfe. Do come along and bring your friends to this lovely prayerful place in Derbyshire. There are trains which stop at Grindleford, and it is a short walk from there to the Chapel.

Devotion of the Month – to the Precious Blood of Jesus: The month of July is dedicated to the Precious Blood of Jesus, a devotion that goes all the way back to the early church. Throughout the entire Old Testament, blood sacrifices were required for the atonement of sin and idolatry, because our own human efforts can never be enough to breach the chasm of sin between us and the Kingdom of God. It is the Precious Blood of Jesus, the perfect sacrifice of God's own Son, that atones for us and the whole of humanity: His blood, poured out for ours. This month, we have looked at 3 simple ways to deepen our own devotion to the Precious Blood of Jesus – here they are again:

- (1) At the moment of consecration, when the priest raises the chalice, pray 'Precious Blood of Jesus, cover us and the whole world'.
- (2) Pray the St Gertrude prayer for your family and the holy souls in Purgatory: "Eternal Father, I offer you the most Precious Blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for all sinners everywhere, for sinners in the universal Church, those in my own home and within my family. Amen."
- (3) Pray the Litany to the Most Precious Blood of Jesus. The Litany was approved by the Church by Pope John XXIII in 1960, and copies of it can be found at the back of church.

Join March for Life UK on Saturday 5th September in London for the annual march for life, the “Pro-Life Summit” and “Youth Summit”. Unite with thousands of others at this family-friendly event, where we recognise the value of life from conception and help all people understand why abortion is a tragedy in itself and one that harms the family to the very core. Find out more at marchforlife.co.uk or email info@marchforlife.co.uk. To book a seat from Sheffield, email 40dforsheffield@gmail.com.

Saint of the Week – St Mary Magdalene, Apostle to the Apostles: On Wednesday 22nd July, we remember St Mary Magdalene, or Mary of Magdala - one of the earliest followers of Jesus of Nazareth. Her second name is thought to identify where she came from: the bustling fishing village (now city) of Magdala, on the western edge of the Sea of Galilee. Luke 8:1-3 introduces her as one of ‘women who had been healed of evil spirits and infirmities’, and more specifically as the one ‘from whom seven demons had gone out’. Luke tells us that these women travelled with the Twelve, providing for them out of their own means. The second time Mary Magdalene is explicitly mentioned in the Bible is at Jesus’ crucifixion. Matthew, Mark and Luke state that she and the other women were present and were looking on from a distance. John’s Gospel, however, puts her at the foot of the Cross, with the Blessed Mother, and ‘his mother’s sister, Mary the wife of Clopas’ (John 19:25). And the third time she is mentioned is after the Resurrection. Matthew, Mark and Luke state that Mary Magdalene went to the tomb early on Sunday morning to anoint Jesus’ body and that she was accompanied by one or more other women. However, John’s Gospel states that she went alone, and that she was the one first sent to announce the Resurrection of Christ to the other disciples (John 20:1-18) – an account that led St Thomas Aquinas to give her the title of ‘Apostle to the Apostles’. Nothing else is definitively known about her, including the incident with the alabaster jar, but one ancient tradition holds that she accompanied John and the Blessed Mother to Ephesus, where she spent the remainder of her days. *St Mary Magdalene – please pray that we may faithfully follow Jesus, just like you did. Pray that we may have the courage to stand with you at the foot of the Cross, and that we too may be a witness to the transforming effects of His Resurrection! In Jesus’ mighty name we pray, Amen.*

Love God and your neighbour by please turning your mobile to silent when you are in the Cathedral: As human beings, we become easily distracted by the things of this world, and our mobiles are often a way for the outside world to intrude on our spiritual lives. Please do yourself and your neighbours some good by turning your mobiles to silent, especially when you are in the Cathedral for Adoration of the Blessed Sacrament, or for Holy Mass. Our Lord Jesus most definitely deserves our undivided attention! Thank you.



Security

Be aware that thieves operate in the city centre so keep handbags & valuables with you at all times when in Church

PLEASE SWITCH OFF YOUR MOBILE PHONE WHILST IN THE CATHEDRAL