



THE CATHEDRAL CHURCH OF ST MARIE
with the Churches of Holy Family
and Our Lady Queen of Heaven & St Oswald

Cathedral House, Norfolk Street, Sheffield, S1 2JB



Office Hours: Monday–Friday, 9.30am–12.30pm & 1.30–4.30pm

Tel: 0114 272 2522 **E-mail:** office@stmariecathedral.org **Website:** www.stmariecathedral.org

Parish Priest: Rev Fr Christopher Posluszny

Assistant Priests: Rev Fr Henry Woodhouse, Rev Fr Christian Nwakamma

17th Sunday per annum (A)

26th July to 2nd August 2026

Readings: *I* 1 Kgs 3:5-6a, 7-12 **Ps** 119(118):57+72, 76-77, 127-128, 129-130. *R* 97a **II** Rom 8:28-30 **G** Mt 13:44-52

Next Sunday: *I* Isa 55:1-3 **Ps** 145(144):8-9, 15-16, 17-18. *R* cf. 16 **II** Rom 8:35, 37-39 **G** Mt 14:13-21

Readings can also be found at <http://universalis.com/Europe/England/Hallam/mass.htm> or on the Universalis app

Cathedral

Sunday 26 July: 17th Sunday per annum

8.00am Sadowski family (intentions)
10.30am Gordon Gillespie Rae (birthday anniversary)
12.30pm Edziu Chomicz (R.I.P.)
6.30pm George & Bini family

Monday 27: Monday in Week 17 per annum

8.00am Rev Fr Brendan McKeefry (R.I.P.)
12.30pm Frank Barratt (sick)
5.30pm Ngozi (special intention)

Tuesday 28: Tuesday in Week 17 per annum

8.00am Ngozi (special intention)
12.30pm Osborne Almeida (birthday)
5.30pm S.A.F. & A.W. (in thanksgiving)

Wednesday 29: Ss Martha, Mary & Lazarus

8.00am November Memorial List
12.30pm Philip Thomas (sick)
5.30pm Ngozi (special intention)

Thursday 30: Thursday in Week 17 per annum

8.00am Agatha Nwaobi (recently deceased)
12.30pm Ngozi (special intention)
5.30pm November Memorial List

Friday 31: St Ignatius Loyola

8.00am Ngozi (special intention)
12.30pm Joan Arthur (R.I.P.)
5.30pm Special intention (for family conversion)

Saturday 1 August: St Alphonsus Mary de' Liguori

8.00am Ngozi (special intention)
12.30pm Aiden McKenna (recently deceased)

Next Weekend – Cathedral

Sunday 2: 18th Sunday per annum

8.00am Justina (intentions)
10.30am People of the Parishes
12.30pm Celine McConville (recently deceased)
6.30pm Ngozi (special intention)

Our Lady Queen of Heaven & St Oswald

Sunday 26 July: 17th Sunday per annum

9.15am Parish Intentions

Sunday 2 August: 18th Sunday per annum

9.15am Parish Intentions

Holy Family

Sunday 26 July: 17th Sunday per annum

10.30am People of the Parishes

Sunday 2 August: 18th Sunday per annum

10.30am November Memorial List

Svätá Omša v slovenčine
(Slovak Mass) – St Charles Borromeo

Sunday 26 July: 17. nedeľa v Cezročnom období

3.00pm Parish Intentions

Sunday 2 August: 18. nedeľa v Cezročnom období

3.00pm Parish Intentions

Sacrament of Confession	<i>Tuesday & Thursday–Saturday: 11.30am–12.15pm</i>
Exposition of the Blessed Sacrament	<i>Tuesday & Thursday–Saturday: 11.30am–12.15pm</i>
Rosary	<i>Friday and Saturday: after the 12.30pm Mass</i>
Divine Mercy Devotions	<i>3.00pm, Monday–Friday</i>
Legion of Mary	<i>Sundays, after 12.30pm Mass (in Parish Room)</i>
Bible Study Group	<i>Wednesdays, 7.30pm (in Cathedral House)</i>
Let Us Pray (Prayer Formation Group)	<i>Saturdays, 2.00-4.00pm, Parish Room</i>
Young Adults (18-35) Faith Group	<i>2nd & 4th Saturdays, 11.00am (next: 8th Aug), Parish Room</i>

We pray for John Buttery, Martin Hargan, Rev Fr Brendan McKeefry, and all those who have died recently.

Please remember in your prayers our sick: Elizabeth Sandy, Jean Hegarty, Rima Lattash, Margaret Whitehead, Angela Eddy, Mary Parkinson, Kevin Worsnop, Damian Osako, Patricia Allen, Mary Worsnop, Jean Rogers (*flowers*), Kingsley Owomero, Charles Teti, Jean Rodgers (*ex-sacristan*), Liam Blayney, Gabriel Ofodile Okafor, Margaret Brennan, Diana, Karen Parry, Sarah Betts, Liam Bambury, Jean Nowak, Sean Nagle, Margaret Smith, Lucy Hazell, Oscar Almeida, Liam Jenkinson, Balthazar Martins, Lynn Hyland, Philip Gardiner, and all those who are suffering mentally, emotionally or physically.

Names will stay on the list for 3 months. Please contact Cathedral House if you wish your friend or family member to be included.

Anniversaries this week: 26 Jul – Sr Evelyn; 28 Jul – Angela McDonnell, Pauline Souflas, Jullian Staszek; 29 Jul – Francis Murray; 1 Aug – Raphael Nwabueze.

Support your Church and Clergy: The Cathedral's bank details (for direct debit/standing order/internet banking) are as follows:

Name of Bank Account: St Marie's Restoration Fund

Sort code: 40-41-07

Account number: 01094289

Each Sunday after the 10.30am Mass there is an opportunity to get together with other parishioners over a cup of coffee or tea. Please join us, whether you are a regular member of the congregation or a visitor. Refreshments are served in the Houlden Hall (1st floor of the building next door to the church), and we look forward to getting to know you better – all welcome!

The “Little Fishes” toddler group, Children’s Liturgy and Good Shepherd Youth are all having a break over the summer: We wish all our families a wonderful summer holiday, and really look forward to seeing everyone again at the start of the new school term!

St Marie’s Bible Group: The next meeting of the St Marie’s Bible group will be this Wednesday, for a 7.30pm start in Cathedral House, when the group will continue looking at the book of Esther. All welcome!

Changes to Cathedral schedule this week: Please note that there will be no Confessions or Exposition of the Blessed Sacrament on Monday 27th July and Wednesday 29th July.

The Let Us Pray Prayer formation group's July and August program will be a reading group on *The Practice of the Presence of God* by Brother Lawrence. This spiritual classic offers a simple yet profound vision of the Christian life: learning to remain attentive to God's presence in the midst of ordinary daily tasks. Through humility, simplicity, and love, it shows that deep prayer is accessible to all, not just in set times, but in every moment. July, traditionally dedicated to the Most Precious Blood of Jesus, and August, dedicated to the Immaculate Heart of Mary, provide a fitting spiritual context for this journey. Our reading group will centre on exploring how we can grow in recollection, attentiveness, and loving awareness of God in all things. Clarissa Mswaka will be leading the reading group sessions. All are very welcome.

There is a Holy Hour for Life (Adoration) at Mother of God Church (Abbeydale Rd, S7 1DX) on the last Saturday of the month, after the 10.00am Mass.

Everyday Evangelising for everyday Catholics—Being Prepared: Everyday Evangelising is everyone's mission. By virtue of our Baptism, we are all called to share our faith. If we are introducing people to Jesus, we need to stay close to Him, and make sure that our own faith is being nurtured. Here are some ways you can do that: spend time in prayer daily; read the Bible daily (e.g. the Gospel reading for the day); receive the Sacraments; fast periodically; participate in a small Christian community group; attend events, talks or courses to deepen your Christian faith; read Catholic literature, watch Catholic YouTube videos, or listen to Catholic podcasts.

Join March for Life UK on Saturday 5th September in London for the annual march for life, the "Pro-Life Summit" and "Youth Summit". Unite with thousands of others at this family-friendly event, where we recognise the value of life from conception and help all people understand why abortion is a tragedy in itself and one that harms the family to the very core. Find out more at marchforlife.co.uk or email info@marchforlife.co.uk. To book a seat from Sheffield, email 40dforsheffield@gmail.com.

Devotion of the Month – to the Precious Blood of Jesus: The month of July is dedicated to the Precious Blood of Jesus, a devotion that goes all the way back to the early church. Throughout the entire Old Testament, blood sacrifices were required for the atonement of sin and idolatry, because our own human efforts can never be enough to breach the chasm of sin between us and the Kingdom of God. It is the Precious Blood of Jesus, the perfect sacrifice of God's own Son, that atones for us and the whole of humanity: His blood, poured out for ours. This month, we have looked at 3 simple ways to deepen our own devotion to the Precious Blood of Jesus – here they are again:

- (1) At the moment of consecration, when the priest raises the chalice, pray 'Precious Blood of Jesus, cover us and the whole world'.
- (2) Pray the St Gertrude prayer for your family and the holy souls in Purgatory: "Eternal Father, I offer you the most Precious Blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for all sinners everywhere, for sinners in the universal Church, those in my own home and within my family. Amen."
- (3) Pray the Litany to the Most Precious Blood of Jesus. The Litany was approved by the Church by Pope John XXIII in 1960, and copies of it can be found at the back of church.

Love God and your neighbour by please turning your mobile to silent when you are in the Cathedral: As human beings, we become easily distracted by the things of this world, and our mobiles are often a way for the outside world to intrude on our spiritual lives. Please do yourself and your neighbours some good by turning your mobiles to silent, especially when you are in the Cathedral for Adoration of the Blessed Sacrament, or for Holy Mass. Our Lord Jesus most definitely deserves our undivided attention! Thank you.

Saint of the Week – St Ignatius of Loyola, Priest and Founder: On Friday the 31st July, we remember St Ignatius of Loyola – the founder of the Society of Jesus, or the Jesuits. Born Inigo de Loyola in 1491, in northern Spain, Inigo was the youngest of 13 children. At the age of 16, Inigo left his home to serve as a page for the treasurer of the kingdom of Castile, where he was frequently at court and developed a taste for the material world. He eventually became an officer in the Spanish army. It was at the battle of Pamplona, however, that his life dramatically changed; his leg was broken by a cannon ball, and he was bedridden for the next year. During his difficult recovery, he asked for books about chivalry, but had to settle for reading a book about the life of Christ and biographies of the saints – topics he found unexpectedly riveting. When he was well enough to leave home, he did so with a newfound zeal to serve God. He became a poor pilgrim and lived in a cave outside the town of Manresa to lead a contemplative life; it was there that he started work on what would become the Spiritual Exercises. Ignatius recognised that stretching oneself spiritually is as important as an athlete's conditioning routine. When he felt called to become a priest, he had to go back to school to study with children before he could continue his education at the University of Paris. It was in Paris that he introduced classmates to the Spiritual Exercises, but it was in a church in Rome, on Christmas morning in 1538, that Ignatius celebrated his first Mass. In 1540, Pope Paul III officially recognised the Society of Jesus, with Ignatius and six others (including St Francis Xavier and St Peter Faber) being its founding Jesuits. They pronounced vows of poverty, chastity and obedience, and chose to add a fourth vow: obedience to the Pope. To this day, this means that Jesuits must be ready to accept whatever mission the Pope requires, reflecting their broader dedication to the universal Church, and work to the greater good of all people from all faiths and cultures. Ignatius was unanimously elected as the first Father General of the Jesuits. Over the next 15 years, those 7 initial Jesuits grew to over a thousand, with Jesuit schools and churches being founded throughout Europe, and Jesuit missionaries travelling as far west as Brazil, and as far east as Japan. But Ignatius continued to serve the poor and sick in Rome, writing over 7,000 letters during his lifetime. On the 31 July 1556, he died. He was canonized in 1622 by Pope Gregory XV, along with his friend and fellow Jesuit, Francis Xavier. You can find some Ignatian resources for contemplation at <https://www.jesuits.org/stories/the-life-of-st-ignatius-of-loyola/>

Security

Be aware that thieves operate in the city centre so keep handbags & valuables with you at all times when in Church

PLEASE SWITCH OFF YOUR MOBILE PHONE WHILST IN THE CATHEDRAL